

Hayden doesn't need school
pg 18



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Victim clings to life after hit and run

CRIME A 36-year-old woman was left fighting for her life Tuesday night after she was hit by a car that quickly fled the scene.

The woman was attempting to cross the road against the wait light at the crosswalk of 122 Street and Royal Road around 8 p.m. when she was struck by a northbound car.

A witness ran to her aid. She was treated by paramedics and rushed to the University of Alberta Hospital suffering severe injuries. She was in critical condition yesterday.

Police located the suspect vehicle, a light blue Mitsubishi Eclipse, in the area of 124 Street and 103 Avenue shortly after the accident.

Police are seeking witnesses and are asking anyone who was in the area at the time of the crash to call Crime Stoppers. **VICTORIA HANDSIDES/ METRO EDMONTON**

News on the Move

What's this barcode for?

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Comment pg 8

On using tech to flirt

On the web

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Ricky Ray

Metro reader



Edmonton Eskimos quarterback Ricky Ray enjoys his copy of Metro following practice yesterday. Metro has taken root in Edmonton, gaining popularity with readers. **Story, page 3.**

Feeling the heat

Record-breaking weather hits city

CARMEN WALL
for Metro Edmonton

It was a record-breaking scorcher of a day in Edmonton yesterday.

Environment Canada reported a high of 33 C at Edmonton City Centre Airport at 3 p.m. The previous record for Sept. 23 was set in 1950 with a high of 30 C. Average temperatures for this time of year are highs of 16 C and lows of 1 C.

Meteorologist Bill McMurtry said that while it isn't unusual to see hot days in September, it's quite rare to have such a consistent pattern of warm weather.

"It's on pace to be the warmest September yet," he said.

But global warming and El Nino aren't to blame — or thank — for this extension of summer.

"We can't tie it to long-term trends," said McMurtry.

He said the summer-like

"I'm going to use every minute to enjoy it."

Lisa Workun

weather is associated with an upper ridge of high pressure hovering over the province. This ridge typically hangs over Arizona and southern California, but jet streams have pushed it up through the Yukon.

"I love this weather, I love the heat and it's going to be snowing in the next month," said Lisa Workun, who was tanning and reading in Hawrelak Park yesterday. "I'm going to use every minute to enjoy it."

McMurtry said yesterday was probably the warmest day we'll have for the rest of the year. A cold front is expected to swoop in Friday and Saturday, bringing temperatures in the low teens for the weekend and a frost warning for Monday morning.



Lindsay Brademann takes full advantage of the above-average temperatures yesterday with a game of frisbee at Hawrelak Park.

Texting won't hurt spelling: Report

LANGUAGE A new study suggests teens who crumple the English language into bite-sized chunks while sending instant messages aren't losing the ability to spell.

Parents and teachers have long worried that teens who type phrases like LOL and substitute the letter u

for you will eventually forget how to write a proper sentence. But new research from the University of Alberta suggests that kids who are good spellers remain good spellers whether texting or writing words out in full.

Those who have trouble spelling normal English

words also tend to mess up in text messaging.

Author Connie Varnhagen says researchers looked at the way students between the ages of 12 and 17 communicated over instant messaging and then gave them a traditional spelling tests.

THE CANADIAN PRESS

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- @edmfilmfest Shannon Walsh, director of 'H2Oil' will be at a FREE panel discussion at the UofA (Telus Rm 150) 6:30pm on Thurs, Oct 1st!
- @ilovemax It's Fashion Week here in Edmonton #yeg - great sample sale this weekend for all those fashionistas
- Find out what we're up to! Follow us at @metroedmonton

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WHAT'S ONLINE TODAY

Video Canadian officials scrap mock battle scenes in promoting the Afghan mission on Capitol Hill, at metronews.ca/world

Lotteries

Lotto 6/49: 4, 11, 12, 34 & 43 Bonus 22
These results are not official.

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Fashion Week **Storming the Barns**



A model walks the runway as she displays some of the latest creations of fashion designer Lauren McDonald during Edmonton Fashion Week at the Transalta Arts Barns yesterday.

News in brief

MUGGING Police are searching for suspects after a trio of teens were allegedly swarmed in Mill Woods Tuesday night. The three boys, two on bikes and one on foot, were heading east down Silverberry Road near 34 Street around 7 p.m. when they were approached by a bout a half-dozen teens, who demanded the boys give up their valuables. The boys on

bikes fled the scene, though the boy on foot was allegedly grabbed, sprayed with bear mace and stabbed in the abdomen before he was able to escape. The suspects are described as six or seven teenage boys, all Caucasian except one, believed to be Asian. The victim suffered non-life-threatening injuries in the attack.

METRO EDMONTON



STP head for Edmonton

The Stone Temple Pilots are heading back to the 780 this fall, for a one-night only performance at the Shaw Conference Centre on Nov. 11. Tickets go on sale Friday and are available through Livenation or Ticketmaster.

METRO EDMONTON

Serial attacker may be behind assaults: Police

VICTORIA HANDYSIDES
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Police believe a serial attacker prowled the downtown area for female victims, after two eerily similar assaults were reported.

A 33-year-old woman was standing outside a downtown bar Saturday night and accepted a ride from a man in a light blue truck.

She was taken to a southeast industrial area where she was attacked, but escaped relatively unharmed.

The attack bears similarities to an incident on Aug. 8, when a 30-year-old woman was offered a ride, taken to a southeast industrial area and sexually as-

saulted.

The suspect is described as a Caucasian male, five-foot-nine, 150 pounds, with an average build, balding wavy light brown hair in a mullet, with a moustache and grey eyes. He was wearing oval-shaped glasses, a baseball cap, a green t-shirt and blue jeans.

The older-model flatbed truck, possibly a Dodge or Ford, has a dirty grey interior, manual transmission,

"It's a very bad idea to accept rides from strangers."

Patricia Thenu, EPS spokeswoman

bucket seats and a metallic diamond-shaped cover on the back window.

Police won't say where the victims were picked up, only that the locations were very close in proximity.

Authorities won't confirm whether either of the victims are sex trade workers, EPS spokeswoman Patricia Thenu said.

"No matter what your occupation is, it's a very bad idea to accept rides from strangers," she said.

Numbers show Metro still No. 1 free daily

NADBANK The numbers are in, and we're still No. 1.

According to the latest Newspaper Audience Databank (NADBANK) results released yesterday, Metro Canada has reinforced its position as the most-read free daily in the country.

Metro Canada now reaches 1,180,000 readers every weekday and 2,552,200 weekly readers coast to coast in Halifax, Montreal, Ottawa, Toronto, Calgary, Edmonton and Vancouver.

That's more than a six per cent boost in daily

27% Metro Edmonton's weekly readership has increased 20 per cent in the last year.

readers and a six per cent increase in weekly ones from the 2008 survey.

"The Metro brand has solidified its leadership position from coast to coast," said Bill McDonald, group publisher for Metro English Canada.

"Readers and advertisers

alike turn to Metro first every day for information, ideas and inspiration."

The NADBANK results released yesterday reflect last fall to this past June.

Metro Alberta publisher Steve Shroot said Metro Edmonton's surge for five-day readership over last year reflect the increasing popularity the paper is enjoying in the market.

"We're pleased at showing Metro Edmonton has increased weekly readership 27 per cent in the last year," Shroot said.

METRO EDMONTON

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It's been known to snap hydro poles, swallow buildings and smother forests. Now a plant described as the vegetable form of cancer has invaded Canada. Kudzu has spread north across the border into southern Ontario. Scientists believe warmer temperatures have stretched the vine's range to Canadian soil from the United States. **THE CANADIAN PRESS**

Canada



Shake off the salt, says study

Canadian food processors and restaurant chains could cut out a lot more salt and help save lives without adversely affecting the quality, shelf life or texture of their ketchup, French fries, soups and sauces, says a leading health advocacy group. Citing new research that shows salt levels vary widely among similar products, a study by the Centre for Science in the Public Interest, released today, challenges the food industry's argument that high levels of salt are needed to preserve product integrity.

TORSTAR NEWS SERVICE

News in brief

TERRORISM A Toronto man admitted Wednesday to procuring weapons, arranging false travel documents and trying to recruit extremists for a domestic terrorist group that planned bloody attacks on Canadian targets.

TRADE Blame the seal hunt if you find out you're wearing Fluffy or Rover. The federal government won't ban imports of cat and dog fur because doing so might undermine Canada's support for the seal hunt, a newly released document shows.

THE CANADIAN PRESS

CORRUPTION An internal election to replace the head of Quebec's most powerful construction union was manipulated with the assistance of the Hells Angels group, according to an investigative report by CBC's French-language service, CBC News Online reports.

METRO NEWS SERVICES

Quebec Tearful speech



Former hostage Ingrid Betancourt bursts in tears during a speech to members of the Quebec legislature after she received the medal of the National Assembly yesterday in Quebec City. Betancourt was held for almost seven years in Colombia.

Canada boycotts Iran leader's speech

PM calls Ahmadinejad's remarks 'disgraceful'

Canada protested Iranian President Mahmoud Ahmadinejad's "disgraceful, insulting" declarations by boycotting his speech to the UN General Assembly, Prime Minister Stephen Harper said.

"There is no way I am going to permit any official of the government of Canada to be present and give any legitimacy to remarks by a leader like that," Harper said in Oakville, Ont.

He said Canada believes Ahmadinejad's abuse of human rights, detention of innocent people and "disgraceful, insulting" declarations about Israel and

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the Holocaust should be protested.

"President Ahmadinejad has said things, particularly about the state of Israel, the Jewish people and the Holocaust, that are absolutely repugnant," Harper said.

"It is unfitting that somebody like that would

be giving those kinds of remarks before the United Nations General Assembly ... There are times when things are being said in this world that it is important that countries that have a moral compass stand up, make their views known and our absence there will speak volumes about how Canada feels about the declarations of President Ahmadinejad."

Harper has not addressed the UN General Assembly in three years, even though Canada is seeking a Security Council seat and he has made his displeasure with the institution known. **THE CANADIAN PRESS**

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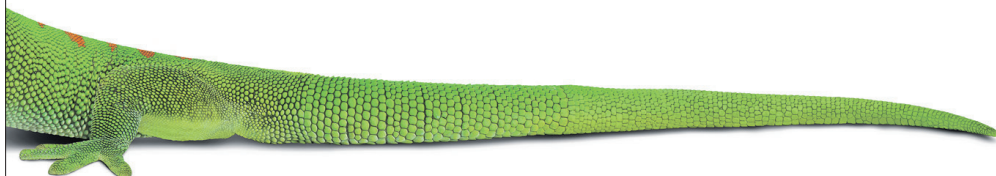


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Canada rapped over poverty, climate change

The head of an influential British medical journal says Canada is failing to take leadership on world poverty and climate change. Dr. Richard Horton, editor of The Lancet, says Ottawa's foot-dragging is part of a global failure to act. **THE CANADIAN PRESS**

Woman worried over Taser victim

INQUIRY A woman concerned about Robert Dziekanski a few hours before he was shocked by an RCMP Taser and died says an immigration officer at Vancouver's airport deflected her concerns about the man.

Gracie Churchill-Browne told a public inquiry he looked "tired and frustrated," but the officer told her: "He's a big boy."

THE CANADIAN PRESS

Olympics Testing the torch



Gordon Peterson passes the Olympic torch to another torchbearer during an Olympic relay test in Chilliwack, B.C. yesterday. The torch arrives in Victoria, B.C., on Oct. 30.

Turbine in Fundy fuss

It looks like a giant jet engine sitting on a tripod about half the length of a football field.

It's a tidal power turbine that will be laid on the sea floor of the Bay of Fundy — and already it's submerged in controversy.

Critics say the 10-metre turbine and others like it will threaten marine life. The maker dismissed those concerns yesterday.

"This is at the forefront of tidal energy in the world."

James Ives

James Ives, CEO of the Irish firm OpenHydro, said a barge will carry the turbine into the Minas passage by late October or early November.

Once in place just off

Parrsboro, N.S., the turbine's 16 blades will begin whirling underwater, powered by the strong tides.

Nova Scotia Power CEO Rob Bennett said his firm foresees tidal power providing 10 per cent of Nova Scotia's energy generation.

"We would envision 200 to 300 units like this strategically placed around the Bay of Fundy," he said.

THE CANADIAN PRESS

Hidden menace in seasonal flu shot?

RISKS Unpublished Canadian studies are raising concerns about whether it's a good idea to get a seasonal flu shot.

Four or five studies, covering around 2,000 people, are said to suggest that people who got flu shots last fall were more likely to become infected with the H1N1 influenza virus (also known as swine flu).

The CBC, which broke the story, says the study

Flu Outbreak

shows people who got seasonal flu shots had double the risk of catching pandemic flu.

The studies' findings are said to be contributing to calls for a delay or cancellation of this year's seasonal flu vaccination program.

THE CANADIAN PRESS

No forced vaccination: McGuinty

ONTARIO Ontario won't force health-care workers or anyone else to be vaccinated against the H1N1 flu virus.

Premier Dalton McGuinty says he'll rely on the expert advice of Ontario's chief medical officer of health, when it comes to

vaccinations.

McGuinty says the government can't "hold anybody down and inject them with a vaccine when they don't want it." He added he's "very confident" Ontario has enough medication.

THE CANADIAN PRESS

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Dugard case gives mother hope

The discovery of American Jaycee Dugard, who was found recently 18 years after being kidnapped, brings new hope, the mother of Madeleine McCann said yesterday. **THE ASSOCIATED PRESS**

7

World

Obama: Time for a new global direction

In a blunt challenge to his nation's critics, U.S. President Barack Obama yesterday exhorted world leaders who once accused the United States of acting alone to now join with him in solving global crises rather than wait for America to do it on its own.

In his first address to the UN General Assembly, Obama sought to set a new tone in U.S. relations, moving away from the unilateralism of his predecessor, George W. Bush. He coupled conciliatory words about a "new era of engagement" with a summons for other nations to shoulder more of the burden.

"Those who used to chastise America for acting alone in the world cannot now stand by and wait for America to solve the world's problems alone," Obama said.

Obama said past policies and a perception of unilateralism by the United States

had fed "an almost reflexive anti-Americanism" that too often was used as an excuse for inaction.

"The time has come for the world to move in a new direction," Obama said before a UN chamber packed with more than 100 of his global counterparts.

While Obama continues to be popular around the world, he has struggled with many international issues, including the war in Afghanistan, negotiating peace between Israelis and Palestinians and winning passage of climate change legislation ahead of a global conference in December.

The speech comes one day before Obama hosts a two-day meeting of the world's major economies in Pittsburgh, where he is likely to encounter

Gadhafi rips UN

• In his first United Nations appearance, Libyan leader Moammar Gadhafi issued a slashing attack on the UN Security Council and chastised the world body yesterday for failing to intervene or prevent some 65 wars since the UN was founded in 1945.

resistance to his proposals aimed at correcting global imbalances that many believe contributed to the worldwide recession.

At the UN, Obama received applause when he entered the room. Iranian President Mahmoud Ahmadinejad did not join in the applause.

THE ASSOCIATED PRESS

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Suspected serial killer charged

LOS ANGELES A man already accused of killing two women and suspected in the deaths of as many as 30 more was charged yesterday with raping and murdering five other victims. John Floyd Thomas, 73, was charged with killing the women between 1975 and 1986. Thomas will stand trial for all seven deaths simultaneously. He was initially charged April 2 with two counts of murder after a match from a DNA sample implicated him in the sexual assault and death of a retired school administrator and another woman in the 1970s. LAPD detectives believe Thomas may be responsible for killing as many as 30 women. **THE ASSOCIATED PRESS**

Dog fighting ring uncovered at day care

CHICAGO Blood spattered the garage of a home day care that was also the base of an alleged dog fighting ring, authorities said yesterday, describing battered and malnourished dogs and the devices used to train them found not far from where children played.

Police said four people were arrested, and felony dogfighting charges are pending against several of them, including the day care operator's husband. Nine battered dogs — four of which were puppies — were rescued, police said. "The dogs were in horrific condition," Cook County

Sheriff Tom Dart said at the Animal Welfare League in suburban Chicago Ridge, where several of the dogs were undergoing surgery and rehabilitation. "This is as bad as we've seen."

Dart said approximately 10 children were found in the day care during the raid Tuesday, but they were not in the immediate vicinity of the dogs.

Linda Estrada, president of the Animal Welfare League, said the dogs were being evaluated.

"We're going to fatten them up, give them love and care," she said. "Then they will go up for adoption." **THE ASSOCIATED PRESS**

News in brief

SWEDEN Robbers used a helicopter yesterday in a spectacular raid of a cash depot in Stockholm, breaking into the building through the roof and flying off

with bags of cash, police and witnesses said. The predawn heist stunned police in the Swedish capital, who were unable to deploy their own

helicopters to the scene because of suspected explosives placed at their hangar. Police later found the abandoned helicopter. **THE ASSOCIATED PRESS**

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Comment & Views

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Comment

Clicking with textual innuendo

Relating

Sofi Papamarko

metronews.ca/papamarko

Him: I had the naughtiest dream about you last night!
Her: I dreamt about ponies!
Him: I guess we both got what we wanted! :)
Technology has made so many aspects of our lives infinitely simpler.

Count flirting among them.

As mobile technologies and social networking become increasingly prevalent, people have embarked on this Brave New World of communication by totally hitting on their friends (and the friends of friends).

Ever leave a flirtatious Facebook photo comment, "poke" a crush or fire off a suggestive 3 a.m. text after ingesting enough Jägermeister to cripple a small yak?

You're not alone. A report by the Pew Internet and American Life Project sug-

gests 22 per cent of Facebook and MySpace users are flirting up a storm.

So why is flirting-via-technology so enticing?

"People have become extremely reliant on technology and gadgets today," says radio talk show host and flirting expert Susan McCord of beavertalk.com. "I think it's basically due to accessibility and laziness ... it's easier to just send (a text or email) than to have a long, drawn-out phone conversation."

Sociology professor and relationships expert Dr. Pepper Schwartz of the Univer-

On the web

For more views on relating, go to Love Bytes at metronews.ca/blogs

sity of Washington in Seattle offers another theory:

"Low exposure and vulnerability," Schwartz explains. "(Flirting by way of technology is) a quick way to 'test the waters.' If someone doesn't respond, it's not as awkward as it would be face-to-face."

So we're all a bunch of yellow-bellied cowards. Basically.

Flirting via text and social

media tools provides a safety barrier in case of rejection. We're able to explore and escalate the desires of others in a detached fashion, making it a less personal way to get personal. ("I like you as a friend" stings far less when delivered in pixels.)

Hot, hot text can also be useful for pre-existing couples. It stokes the fires of long-distance or long-term relationships and serves as an extended form of foreplay.

"We often flirt-text when we're both out for the evening," says Jackie, a

young professional who lives in Toronto. "While he's out with the boys, I want him to be thinking of me, and not the short-skirted girl one table over."

Textual innuendo is just a way of letting someone know that you're looking forward to the next time you'll be in the same physical space as them ... or a casual way to attempt to infiltrate someone's physical space in the first place.

(Poke.)

Sofi Papamarko is a 20-something writer based in Toronto. Her heroes include Desmond Morris and Nancy Sinatra.

Views

'Birthday greetings' for Saudi Arabia

GlobalView

Mona Eltahawy

metronews.ca/globalview

Saudi Arabia has just turned 79. Relatively young, but old enough to know that it is morally disgraceful to treat women like children.

The country that sits on the world's largest oil reserves is the only one that denies half its population the right to drive. Saudi

women cannot vote, cannot drive, cannot be treated in a hospital or travel without the written permission of a male guardian, cannot study the same things men do and are barred from certain professions.

To mark her country's birthday, Saudi women's rights activist Wajeha al-Huwaider wants you to write to women in your government and urge them to pressure the Saudi government to end the system of male guardianship of women in Saudi Arabia. Consider it a campaign to finally let Saudi women grow up.

She asks that you also write letters, via Saudi embassies, addressed to Saudi King Abdullah — who many Saudis believe is a reformer but whose hands are tied by conservative members of the royal family and clerics.

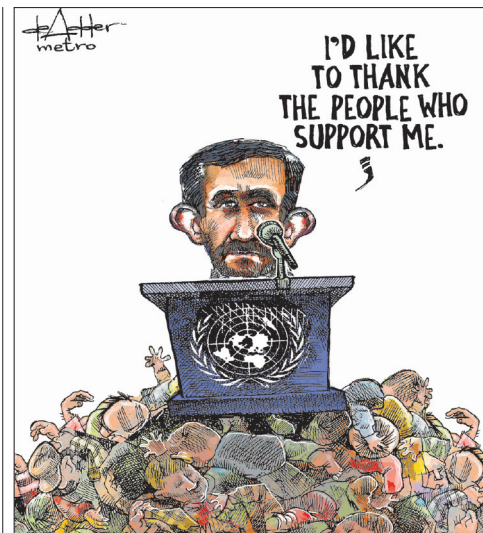
The guardianship system basically puts a male relative in charge of women's lives. Imagine the humiliation of an adult woman needing the permission of a man — at times much younger than her — to do the most basic of things, such as being admitted into a hospital. Almost 60 per cent of university students in Saudi Arabia

are women — so it's not a question of capability.

Just look at Saudi Arabia's neighbours to see that its outrageous treatment of women has nothing to do with Islam but more with its own customs. And listen to Wajeha al-Huwaider to understand that there are Saudi women courageously fighting for their rights and who deserve our support.

Send those "birthday cards!"

Mona Eltahawy is an award-winning Egyptian-born commentator and public speaker on Arab and Muslim issues. She reported on the Middle East for 10 years before moving to the U.S.



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U.S. bank slowing recovery program

With the economy on the mend, the U.S. central bank said yesterday it is slowing the pace of a program to lower mortgage rates and prop up the U.S. housing market. **THE CANADIAN PRESS**

Business

EDITOR: FERMIN.DESOUZA@METRONEWS.CA

Poor divide widens

Low-income families face social exclusion: Report

The poorest Canadians are struggling to pay for life's necessities, forcing them to do without such everyday basics as eyeglasses, dental care and furniture — and the recession has only made their plight worse, says a major think-tank.

In a study released today, the Canadian Centre for Policy Alternatives paints a disturbing picture of how the poor are unable to afford many of the goods and services most Canadians consider "reasonable for normal living" in modern society.

Entitled *The Affordability*

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Gap: Spending Differences Between Canada's Rich and Poor, the report argues that widening divide also means low-income Canadians face a greater risk of "social exclusion."

Forget cellphones, personal computers or high-speed

Internet. Basic recreational activities are out of reach for most, making the poor less likely to splurge. Their children often go without sports equipment, the report said.

"The poorest 20 per cent of Canadian households live in worlds far removed from the richest 20 per cent," said Steve Kerstetter, the study's author and a research associate at the centre.

Average spending for the poorest households totalled \$22,339 in 2007, while the richest 20 per cent spent about \$143,361.

TORSTAR NEWS SERVICE

Harper says Tory policy helped repatriate Tim's

BUSINESS To hear Prime Minister Stephen Harper tell it, his financial policies helped repatriate the Timbit.

Harper met with Tim Hortons executives today after shareholders of the multinational coffee chain voted to reorganize as a Canadian public company.

Parent company Tim Hortons Inc. announced in June it intended to shift its corporate ownership back north of the border, saying it would save on taxes and make international expansion easier.

Following his meeting just west of Toronto in Oakville, Ont., Harper championed his tax policies, saying lower taxes are attracting business to Canada. **THE CANADIAN PRESS**

Business in brief

AUTO Record low North American vehicle inventories, particularly for popular Canadian-made cars, will boost production through the end of 2009 and well into 2010, according

to Scotia Economics. Auto industry analyst Carlos Gomes said strong U.S. vehicles sales in August, boosted by the government's "Cash for Clunkers" program, have

left inventories at a record-low 30 days' supply. In response, automakers are ramping up production, which had been cut back dramatically as sales slumped. **THE CANADIAN PRESS**

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Peter Forsberg is set to play for his hometown team Modo in the Swedish Elite League starting today in yet another comeback attempt. Modo has given the 36-year-old a one-week tryout contract. Forsberg can play with Modo until the NHL season begins Oct. 2 without jeopardizing a possible NHL comeback. **THE ASSOCIATED PRESS**

Sports

EDITOR: CHRIS.CLEMENTS@METRONEWS.CA

Former Titans receiver files lawsuit against club over alleged hidden injury

FOOTBALL Former Tennessee Titans receiver David Givens claims the team failed to tell him about a defect in his knee that led to an injury and eventually ended his career.

Givens claims in a lawsuit filed Tuesday a doctor discovered a defect in his

knee in 2006. He adds the doctor told team officials he "may not be able to make a full 16-game season," according to the suit. But Givens says he was kept in the dark about his condition and urged to keep playing by team officials.

THE ASSOCIATED PRESS

Sports in brief

RETIREMENT Veteran goaltender Olaf Kolzig is retiring after 14 seasons in the NHL. The 39-year-old former Vezina Trophy winner — known as "Olie The Goalie" — spent most of his career with the Washington Capitals. His 303 career wins rank 21st in the NHL.

EAGLES Donovan McNabb did not practice yesterday because of a broken rib. Kevin Kolb would make his second

straight start if McNabb can't play against Kansas City this week. **THE ASSOCIATED PRESS**

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Cox throwing himself out

The Atlanta Braves say Bobby Cox, left, will retire as manager after the 2010 season. Cox managed the Braves from 1978-81, switched to manage the Toronto Blue Jays from 1982-85, then returned to manage Atlanta in 1990. Cox currently sits fourth on MLB's all-time managerial wins list and holds the record among coaches for most times ejected from a game. **METRO NEWS SERVICES**

Flames beat up Oilers

NHL RESULT

Calgary 5 Edmonton 3



Curtis Glencross scored twice as the Calgary Flames defeated the rival Edmonton Oilers 5-3 in NHL exhibition action last night.

Jarome Iginla, Jason Jaffray and Fredrik Sjöström also scored for the Flames, who improved to 3-2-1 in pre-season play.

Theo Fleury had one assist for Calgary as he tries to land a spot on his old team after a six-year absence from the NHL.

Dustin Penner, J.F. Jacques and Mike Comrie responded for the Oilers, who have lost three in a



Calgary Mark Giordano, left, knocks Edmonton's Gilbert Brule last night in Edmonton.

row to drop to 3-3 in exhibition play.

Calgary got off to a quick start, opening the scoring

just 1:34 into the first period. Edmonton starting netminder Nikolai Khabibulin lost the handle trying to

stop a puck behind the net and Glencross fished it out and fired it into the empty net. **THE CANADIAN PRESS**

Car Insurance Roadblock

Consumers concerned insurers don't want drivers with tickets or accidents

Worried Your Spotted Driving Record Means You've Got Nowhere To Turn For Car Insurance?

Don't be. While it's true that, all things being equal, your tickets and accidents make you a more expensive risk to insure than a similar car and driver with a clean driving record, that doesn't mean you should have trouble finding insurance — assuming you know where to look. Different insurance companies target different types of business and this is reflected in things like their claims service, marketing efforts, discounts, and most importantly for you, their rates.

Should I Just Accept That I'll Have To Pay A Bundle?

No. Sadly, this is a mistake many drivers make and it can be a costly one, especially if they don't bother to shop around for the lowest rate available. The key to finding the best rate, especially if you have tickets or accidents on your driving record, is to figure out which insurance company of the more than 20 in Alberta has the best rate for your particular situation. And with rates varying so wildly across companies, chances are you are not with the company that has the lowest rate for your profile right now.

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InsuranceHotline.com puts you in the driver seat by making insurance companies compete for your business. With quotes from over 20 of the top insurance companies, InsuranceHotline.com is the simplest and easiest way to make sure you aren't overpaying for your car insurance — and it's completely FREE to use. So what are you waiting for?

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Balsillie changes bid again as Coyotes hearing continues

PHOENIX Canadian billionaire Jim Balsillie has pledged to keep the Phoenix Coyotes in Glendale this season if he wins an auction for the financially troubled club.

The revised offer came during an emergency hearing yesterday before bankruptcy judge Redfield T. Baum, who called Balsillie's proposal "a fairly significant change."

Balsillie does, however, still plan to move the team to Hamilton as part of his \$242.5-million US bid.

Balsillie's revised bid appeared to be a last-ditch effort to win over the city of Glendale, which sides with

the NHL in the long-running courtroom battle.

The only other bid has come from the NHL, which has offered \$140 million.

The league would try to resell the team to a local buyer but, failing that, would explore relocation. Baum gave no indication when he might rule on whether to award the team to the NHL or to Balsillie. He also could reject both bids. Balsillie originally offered Glendale \$50 million. In an amended bid filed yesterday, Balsillie offered to give Glendale \$25 million up front and the rest of the money when the team leaves. **THE ASSOCIATED PRESS**

Canada wins big at FIBA Americas

BASKETBALL Jordan Adams led a balanced attack with 16 points as Canada routed the Dominican Republic 103-37 in the opening game for both teams at the women's FIBA Americas basketball tournament yesterday.

The Canadians dominated from the outset, breaking out to a 55-20 halftime lead and cruising from there. Adams finished 6-of-7 from the field as Canada shot 61 per cent from two-point range, and 46 per cent from beyond the arc.

Chelsea Aubry of Kitchener, Ont., had 14 points, and Janelle Bekkering of Taber, Alta., added 12. **THE CANADIAN PRESS**

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Metro Homes



Healthy fries?

Using a new patented technology, T-fal has come up with the solution for making fries that are much healthier. French fries cooked with ActiFry contain 70 per cent less fat than those prepared in a conventional oven. Available at The Bay in October.

METRO NEWS SERVICES

EDITOR: DOUGLAS.DUNLOP@METRONews.CA

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Carefree living at Creekside Village

Qualico is proud to present the Fir at Creekside Village in Sherwood Park.

The open and functional main floor is accessible through either the spacious foyer or double attached garage of this 1,300-square-foot space. The kitchen, complete with six new upgraded appliances, generous cabinet space, and plenty of countertops is the heart of the main floor, while beyond the kitchen lies a dinette. Features of this main floor include nine-foot ceilings, a gas fireplace, soft corners and a plush 40 ounce carpet.

The second floor features extensive metal spindle railings and spacious hallways guiding you to three bedrooms and a



laundry room. The master bedroom is complete with a large walk-in closet and a full ensuite bathroom.

The benefits of this community extend past the front door. Enjoy the maintenance-free lifestyle at Creekside Village while the professionals maintain the fully landscaped grounds.

For more information on this or any other floor plan at Creekside Village contact Jerry at 780-467-3954, online at creeksidevillage.ca, or stop by the show home at 41 Summerwood Blvd., Sherwood Park.

METRO EDMONTON



A selection of photographs of Fir at Creekside Village.

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Robert Kiyosaki will not attend this workshop.

Poor budget, rich imagination

BRIAN COULTON
for Metro Canada



The mortgage crisis may have made home owning a buyer's market, but for many cash-strapped Canadians, that dwelling of their desire simply becomes a fixer-upper that never gets fixed.

Enter Suzanne Schultz, financial planner and co-host of the new program *House Poor*, which premieres this Monday on HGTV.

The program sees Schultz along with contractor Frank di Leo help families in need of home renovation both understand the importance of advanced financial planning and receive the overhaul they can't afford.

Those profiled also have a chance to win \$10,000 to aid their financial future — \$5,000 if they complete Schultz' financial challenges, like creating a budget, and an additional \$5,000 if they compromise during the renovation to stay on budget.

"There are no other shows on HGTV that talk about the personal finance element of doing the renovation, and go beyond that to talk about saving money in your day-to-day household," said Schultz, who equates thrifty with



Suzanne Schultz and Frank di Leo.

House Poor premieres Monday on HGTV

trendy, due to the economic downturn. She thinks *House Poor* will be popular among a cross-section of homeowners because of the variety of incomes and types of family that seem to find themselves in the same situation. Despite their differences, she said the common denominator is none of them really have a clue where they're spending their money.

"They don't track it. They just spend it and, at the end of the month, they all know there's no money left over to do the renovation, but they're not sure why. That's where I come in," she said. "They're usually really surprised to find out where the money is going."

By understanding where

you're spending, Schultz said you can create a budget and more easily decide how to reallocate the funds, advice she recommends for viewers who see their circumstances reflected on the show.

Budgeting for the renovation itself is also essential, said Schultz, instead of haphazard buying, which often results in little long-term progress.

"If you start at the beginning with a set dollar figure you're aiming toward, then shop around and do your research, you'll be really surprised how you can complete your room on a strict budget."

Homes in
Style

Cacti are the perfect dorm room plant; they can go without water for a long time, even during Christmas and spring breaks. **Urban Barn**, set of four \$24, urbanbarn.com.

Dorm outside the **norm**

EMMA YARDLEY
for Metro Canada

You've been in your new dorm room for a couple weeks now but your home away from home is the furthest thing from homey. The walls are bare and, besides the textbooks, your shelves remain empty.

The dorm rules on decorating are strict and money is tight but it's possible to turn this strange room into your room without ever having to bang a nail or blow your student loan on room accessories.

Double-sided tape and hooks are a great option for hanging posters and pictures; throwing down a small bright rug adds instant warmth (and covers up old stains!); and getting coat hooks that hang over the back your door keeps you from drilling any holes. Remember, this small space has to be your bedroom, study and storage room for a year!



Floor space is limited. Tucking your shoes into a closet hanger makes a lot of sense. **Canadian Tire**, \$12.99, canadiantire.ca.



The desk is barely big enough to hold your laptop, so keeping it tidy is more important than ever. **Leather Desk Accessories**, \$12.99 (box) and \$16.99 (organizer), **Homesense**, homesense.ca.



In such a small room, it's important to make use of all available space. Stack your extra stuff into storage boxes and slip them under the bed for easy access. **KAJSA**, \$14, **Ikea**, ikea.com



A classic white bulletin board provides you with a place to pin your new class schedule and Polaroid pics of your friends back home. **Homesense**, \$29.99, homesense.ca.



They're easy to stick on and even easier to peel off, **Snap** removable wall art brightens up a boring corner without breaking any of the rules. **The Home Depot**, \$29.99, homedepot.ca.



Since you're not allowed to burn scented candles, a diffuser is an elegant alternative to cover up that odd funk coming from down the hallway. **Crabtree & Evelyn** \$50, crabtree-evelyn.com.



Making your tiny bed as comfortable as possible should be a high priority. **Printed pillows**, \$9.99 (small) and \$12.99 (large), **President's Choice Home**, home.pc.ca.

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British designer Jonathan Saunders swapped his signature geometric prints and concentrated on colour this season at London Fashion Week. Most of the clothes were ready to wear. **THE ASSOCIATED PRESS**

Style

EDITOR: ANN-MARIE.COLACINO@METRONEWS.CA

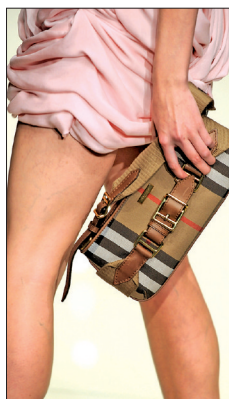


The in crowd

The Burberry crowd included Oscar-winning actress Gwyneth Paltrow (left), Harry Potter star Emma Watson (far left), former Spice Girl Victoria Beckham, American Vogue editor Anna Wintour, Slumdog Millionaire stars Dev Patel and Freida Pinto and Business Secretary Peter Mandelson, a prominent member of the British government known for his snappy dress. **THE ASSOCIATED PRESS**

A triumphant return

Beige and pales dominated London Fashion Week's Burberry show



London's Burberry runway show had just enough plaid to keep traditionalists happy.

Burberry and its creative director Christopher Bailey made a triumphant return to London this week, winning over a star-studded audience at the glitziest event of the capital's fashion week.

Bailey, who has helped transform the once staid brand into a fashion powerhouse, showed a series of short dresses, including many with a trench coat theme familiar to longtime fans of Burberry.

There was just enough of the traditional Burberry plaid to keep traditionalists happy, while younger fans were drawn to the soft, sexy lines of the dresses, most of them in beige (long associ-

ated with Burberry) and pale greens and yellows.

"I thought it was beautiful, and very poetic," said Hilary Alexander, fashion director of The Daily Telegraph newspaper. "The heritage was there, but it was like a ballet, a dance."

Bailey used sequins and bright metallic silver fabric to set off some of his jackets and tops, adding glitter to the look, and also used padded shoulders for emphasis on several of the combination trench-dresses that were an important theme of the show.

Belts were used for shape, and the models looked extremely feminine, their long flowing hair and natu-

ral makeup bucking a trend toward androgyny seen in other shows this week.

The Burberry show was one of the largest and most eagerly anticipated of London Fashion week, and the crowd arrived early to sip champagne or elderflower coolers on the steps of the Chelsea College of Art and Design near the River Thames. Harold Tillman, chairman of the British Fashion Council, said the week has been a tremendous success, with large crowds filling many shows. He said the trend toward prints had been noticeable.

"There have been so many good, good shows," he said. "There are great designers, showing freshness, fearlessness. It's so exciting, it really is."

Burberry chief executive office Angela Ahrendt said before the show began that it was an honour to be back on the catwalks in London, where the company has long been based.

"It's a phenomenal honour," she said, gesturing to

the gathered crowd. "We are a British brand. For Christopher Bailey, who's British, he can finally come home and share his talent with the rest of the country."

THE ASSOCIATED PRESS



ALL PHOTOS BY GETTY IMAGES

Younger Burberry fans were drawn to the spring/summer 2010's sexy dresses in beige and pale greens and yellows. The familiar trench coat theme (left) was also prominent.

Ankles: The newest male erogenous zone

TREND For gentlemen seeking a quick and free fashion makeover this fall, follow these simple instructions: Slip off shoes; remove socks; tuck them into briefcase or lunch box; roll pant hem up two to four inches. Put shoes back on.

The simple act of getting dressed up in trim slacks with classic footwear — without socks — is, in the saturnine world of men's fashion, a big deal.

Certainly we've seen the "no socks" trend before — back in the '70s and usually on overly tanned Hampton-style preppers, who wore their boat shoes or

stylized loafers without socks.

It's different this time as the new male erogenous zone is accentuated by tailored trousers and traditional footwear — clunky brogues, function-first desert boots or old-school penny loafers.

It's all part of a larger movement in men's fashion that hipsters have labelled "trad" — short for traditional, but accentuating the "rad" element as well.

The trend can be connected to any of the "naty" related styles that are influencing men's fashion today.

TORSTAR NEWS SERVICE



Right: Lacoste was one of several menswear designers big on the sockless trend at the spring 2010 collections in New York.

RICHARD BROWN/THE ASSOCIATED PRESS

RunwayBeauty

Ashley Rebecca

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style 15

THE REBEL JACKET

ADVICE This season, there are two style options: worn-in vintage, for a biker or rough-edged look, or sleek urban in polished, glossy leather. When buying a leather jacket, make sure that it's properly tailored for a good fit and that the seams don't pucker or pull.

HOW TO WEAR IT Versatile and easy. Pair it with slim pants and chunky jewellery for day or with a soft, romantic dress and platform booties for night.



CURVY

Leather jacket, Cassis (\$399, cassis.com)



SLIM

Leather jacket, Roots (\$458, canada-roots.ca)



PETITE

Leather jacket, Danier (\$299, danier.com)



TALL

Faux-leather jacket, Aldo Accessories (\$98, aldoaccessories.com)



BOYISH

Leather jacket, Bedo (\$298, bedo.ca)

STUDIO ANDRÉ DION

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Though he plans to chronicle his weight loss on his own reality TV show, overly plump Kevin Federline will be appearing on the next season of VH1's *Celebrity Fit Club*. **METRO NEWS SERVICES**

Entertainment

EDITOR: DEAN.LISK@METRONWS.CA

A CLASSIC; EXCELLENT; GOOD; FAIR; POOR

Queen crafts a new Persona

Queen Latifah

Album: *Persona*
Label: Flavor Unit
Rating: ⓈⓈ

IN A PERFECT

world, Queen Latifah doing a new hip-hop album

would be a welcome return to form. But on her latest effort, the Oscar-nominated *CoverGirl* seems obligated to keep up her level of mass appeal. On first song *The Light*, the Queen manages to strike a balance between her pop celebrity and hardcore MC roots with a humble but inspirational track about how she made it. But after a cameo from the reliably goofy Missy Elliot, the mostly

Cool & Dre-produced *Persona* backslides into an album of schmaltzy Jordan Sparks-inspired back-ground music.

Jason Richards/for Metro Canada

Pearl Jam

Album: *Backspacer*
Label: Moneywrench Records/Universal
Rating: ⓈⓈⓈⓈ

IF SOMEONE SAID 15 years ago that Pearl Jam would one day be a power pop band, they would have been laughed out of the room. But that's exactly what these grunge legends have become. No, they're not the next Fall Out Boy, but these are



Persona is the new album by R&B and hip-hop artist Queen Latifah.

some of the most upbeat pop tunes the group has ever written. And that's not a bad thing. The tracks are catchy and succinct — the rollicking *Supersonic* clocks in at under three

minutes — but they still maintain that classic PJ feel. It's a real testament to their talent that the band can still be this good nearly two decades after *Ten*.

Bryan Borzykowski/for Metro Canada

Three Days Grace

Album: *Life Starts Now*
Label: RCA/Sony
Rating: ⓈⓈ

THIS ALBUM BY is a microcosm of everything that is wrong with mainstream radio rock. Slick production seems to bleed every bit of life out of songs that had little to begin with. Meaningless guitar solos fail to fill the void left by plodding chord progressions. Adam Gontier's forced and overwrought vocals do little to add believability to the contrived lyrics. "Living in a shell with no soul," Gontier pines on *World So Cold*. Gontier's own words are an apt de-



MusicReviews

music@metronews.ca

scription for the kind of lifeless tracks *Three Days Grace* has released after a lengthy absence from the charts.

Graham Rockingham/for Metro Canada

Champion

Album: *Resistance*
Label: Saboteur/MapleMusic
Rating: ⓈⓈⓈⓈ

DI CHAMPION IS the stage name of Montreal electro wizard Maxime Morin. His genius lies in the way he weds electronic dance beats with fiery layers of rock guitar and blues-based vocals and lyrics. With the help of a strong supporting cast that includes four backing guitarists and vocals by Pierre-Phillippe Cote and Bonnie Zehavie, the result is surprisingly accessible. The title track with its danceable chorus, seductive hook and coquettish flirtation with the darkness could easily be a pop-rock hit. Morin throws in the seven-minute instrumental *Plastiques* et *Metaux* to maintain his underground electro cred.

Graham Rockingham/for Metro Canada

Mika

Album: *The Boy Who Knew*
Label: Universal
Rating: ⓈⓈⓈ

WHEN MIKA EXPLODED onto the world's music stage in 2007, his Elton John-meets-Freddy Mercury sound got a lot of people excited. Those fans will love his new record — it's filled with the same over-the-top instrumentation and grandiose vocals. There's no doubt the disc will be jarring for some — the saccharine melodies are sometimes hard to digest — but it's impossible to deny that songs like *Blame It On The Girl* and the electro disco track *Rain* aren't fun.

Bryan Borzykowski/for Metro Canada

critics'corner

Grey's Anatomy

Apart from the title — "Good Mourning, Goodbye" — little confirmed information has been released for this two-hour, sixth-season premiere episode, although Izzie (Emmy winner Katherine Heigl), who underwent risky surgery at the end of last season, is back, as are the other mainstays apart from George (T.R. Knight) — dead, you know. Jessica Capshaw is promoted to series regular as Arizona, Callie's (Sara Ramirez) romantic interest. 8 PM on CFRN



Doc Zone

Now this is a cold war. The documentary "Battle for the Arctic" details the competition between Canada and Russia for the rights to the resources of the world's northernmost territory. With rich reserves of oil and gas, the stakes are high. Russia has planted a flag on the ocean floor, a symbolic gesture, while Canada is going with a real one: a military base in Resolute Bay. 9 PM on CBXT

ED	C	B	S	7:00	7:30	8:00	8:30	9:00	9:30	10:00	10:30	11:00
prime time	2	CFRN	239	318	The Vampire Diaries (N)	Grey's Anatomy	'Good Mourning, Goodbye' (N)	CSI: Crime Scene Invstgtn.		CSI: Crime Scene Invstgtn.		CTV News
	3	KHQ	-	370	News	Be-Millionaire	Jeopardy! (N)	Wheel-Fortune	SNL Update	Parks-Recreat	The Office (N)	Community (N)
	4	CBXT	-	307	Wheel-Fortune	Jeopardy! (N)	Pedal Power (HDTV) (N)	Doc Zone			CBC News: The National	The Hour
	6	KREM	-	372	News	Hollywood	The Doctors (N)	Survivor: Samoa	30 Rock	Parks-Recreat	CSI: Crime Scene Invstgtn.	The Mentalist
	7	CKEM	241	347	Law & Order: SVU		The Jay Leno Show (N)	30 Rock			Community (N)	Your City
	8	CITY	240	339	ET Canada	Entertainment	90210 (HDTV) (N)	Survivor: Samoa (N)				
	11	OMNI	-	-	The Office	The Simpsons	Omni News: S. Asian Edition	Omni News: Cantonese Edition			The Office (N)	SNL Update
	13	KXLY	-	371	4 News at 6	4 News at 6:30	Entertainment	The Insider (N)	FlashForward (N)			
	16	KAYU	-	373	The Office	Raymond	Two/Half Men	Two/Half Men	Bones (HDTV PA) (N)			
	22	KSPS	-	374	NewsHour With Jim Lehrer	Wolves in Paradise		Casebook-Sherlock Holmes	Red Green	Being Served	MI-5 "The Special"	News
news	24	WTVS	-	364	PBS Special Report on Health Care Reform	Michigan					Tavis Smiley	Charlie Rose (N)
	15	CBCN	502	-	CBC News: The National	The Nature of Things					CBC News: The National	Nature-Things
	21	TWN	505	398	(5) EarthWatch One	EarthWatch One						
	22	CNN	500	500	Larry King Live	Anderson Cooper 360 (HDTV)					Larry King Live	Cooper 360
	54	CTVN	501	391	CTV News Tonight	News	CTV News				CTV News	News
	70	BNN	504	508	Squeeze Play	Business News	Commodities	Market Call Tonight			Headline	Commodities
	20	TSN	400	400	NHL Preseason Hockey: Oilers vs. Lightning	Sportsnet Con.	Sportsnet Con.	The Pen	MMA Conn		2009 World Series of Poker	World Series
	47	SPEED	417	406	Jacked!	Wrecked	Wrecked	Pimp My Ride	Pass Time		Sportsnet Connected	MMA Conn
	94	SCORE	410	403	(5:30) College Football Mississippi at South Carolina. (Live)			Score Now			Pinks - All Out (HDTV)	Jacked!
	9	EDACC	267	351	Alberta PrimeTime (Live)	So You Think You Can Dance	FlashForward (N)				Score Now	Score Now
family	14	ETV	552	543	iCarly	Drake & Josh	Family Biz (N)	Malcolm-Mid.	Hates Chris	8 Simple Rules	What I Like	Family Biz
	17	TREE	553	546	Little Bear	Maggie-Beast	Babar	Zigby	Max & Ruby	Dragon (DVS)	Backyardigans	Ni Hao, Kai-Lan
	42	TOON	555	545	Jimmy Two	Johnny Test	Stoked (N)	Total Drama	Majority Rules	6TEEN (N)	Futurama	King of the Hill
	45	FAM	557	541	Zoeys 101	Life Derek	Wizards-Place	Han. Montana	Zack & Cody	Latest Buzz	Wizards-Place	Life Derek
	-	TVA	121	714	TVA nouvelles	Le Cercle (SC)	La Fièvre de la danse (SC)		Dieu Merci (SC)		Jean-Marc Parent	TVA nouvelles
	18	CMT	575	583	According-Jim	According-Jim	Home Improve.	Home Improve.	Karaoke Star "Ottawa"		Reba	Reba
	25	A&E	615	520	The First 48 (HDTV)	The First 48 (HDTV)					The First 48	The First 48
	26	MMM	571	581	Wild 'n Out	Wild 'n Out	I'm Going to Tell You a Secret				Wild 'n Out	Wild 'n Out
	29	FOOD	603	561	Perfection	Perfection	Ace of Cakes	Ace of Cakes	Family		Unwrapped	Unwrapped
	31	SHOW	617	522	Trailer Park	Trailer Park	The Outer Limits				The Best Years (DVS)	Bones
cable variety	32	DISC	520	505	Pig Bomb	MythBusters					Daily Planet	Pig Bomb
	33	SLICE	601	562	X-Weighted	X-Weighted "Heather"	Old Christine	Friends	Friends	Grocery Bag	Confidential	Confidential
	34	W	602	567	House	Style by Jory	LA Ink "LA Pink" (N)				Police Women of Broward	Police Women
	35	TLC	521	560	Police Women of Broward		LA Ink "LA Pink" (N)				Without a Trace	Just Looking
	36	BRAVO	520	523	Prom Wars (2008, Comedy) Ricky Ullman, Alia Shawkat.						Law & Order	MANswers
	38	SPICE	528	584	TNA Wrestling (HDTV) (N)						The Ultimate Fighter (HDTV)	MANswers
	39	AMC	-	-	(6) Top Gun *** (1986, Adventure)		Commando *** (1985, Action) Arnold Schwarzenegger.				M*A*S*H	The Delta Force (1986)
	40	HSN	522	506	Underworld Histories	Life After People (N)		Blow Down (HDTV)			M*A*S*H	Discoveries
	41	COM	526	547	Just for Laughs	Air Force	22 Minutes	Corner Gas	Name Is Earl		The Simpsons	South Park
	43	SPACE	527	528	Lara Croft Tomb Raider: The Cradle of Life *** (2003, Adventure)						Stargate SG-1	Hot Box
cable variety	44	WPCH	524	650	Law & Order: SVU	Good Will Hunting *** (1997, Drama) Matt Damon, Robin Williams.					The Office	Good Will Hun.
	46	OLN	411	457	Survivorman	Bounty Hunters	Bounty Hunter	Bounty Hunter			Survivorman	Ghost Hunters
	48	TROP	619	525	Bob & Doug	Bob & Doug	Seinfeld	Seinfeld	Stunt Stars		ET Canada	TV Made, Do It
	50	STAR	621	527	The View (HDTV) (N)		The Dr. Oz Show (N)		TMZ	etalk	Hollywood	Extra
	52	HGTV	600	564	Disaster DIY	Big Amazing	House Hunters	House Hunters	Holmes on Homes		Disaster DIY	Big Amazing
	65	TLN	700	800	(6) Doppia Indagine	George Lopez	George Lopez	George Lopez	George Lopez	George Lopez	Raymond	Paired Program
	92	APTN	269	505	Wopos Bay	By the Rapids	Rez Rides	Moose TV	Hardball * (2001, Drama) Keanu Reeves, Diane Lane, John Hawkes.			
	93	VISION	261	394	Robin Hood *** (1991, Adventure) Patrick Bergin, Uma Thurman.						Recreat. Eden	Robin Hood: Men in Tights *** (1993)
	100	MTV	581	566	Fantasy Fact.	Beatdown	Nitro Circus (N)	Pranked	MTV Live	After	Fantasy Fact.	Beatdown
	101	MM	570	580	Dance	Dance	Love Court	Instant Star	One Tree Hill		So You Think You Can Dance Canada	
cable variety	102	CPAC	512	396	(6:30) PrimeTime Politics						Prime-Politics	PrimeTime Politics
	103	VIVA	526	507	The Closer		Da Vinci's Inquest		Psychic Inv.	Encounters	Judging Amy	Missing
	106	RDI	126	730	Le Téléjournal (SC)		RDI économie	Le National	Le Téléjournal (SC)		24 Hours en 60 minutes	Le Téléjournal
	161	SUPER	-	-	The Secret Life of Bees *** (2008, Drama)				War, Inc. *** (2008, Comedy) John Cusack.			Baghead

Listen to this week's reviewed music at metronews.ca/music

Ahoy Matey!

The Edmonton Queen Kids' Pirate Cruise Adventure sets sail on Sunday with treasure hunts and crafts. There's a chest full of treasure to claim and specials on the finest riverboat grub. This is the last adventure of the year — call 780-424-BOAT (2628). **METRO NEWS SERVICES**

Urban Foodie

★★★★ INSPIRED; ★★★★★ VERY GOOD; ★★★ PALATABLE; ★★ HO-HUM; ★ NEVER AGAIN

Diner is not only Urban, but urbane

CHRISTOPHER THRALL
EdmontonUrbanFoodie@gmail.com

Urban Diner
12427 - 102 Avenue
780-488-7274
urbandiner.com

Signature Lunch Drink:

Chai Milkshake (\$5.50)

Signature Lunch Dish:

Frittata with Diner

Potatoes (\$10.50)

Rating: ★★★★★

Lunch & drinks for 2: \$45

In your mind, you can imagine an "urban diner"

perfectly: Dark wood furniture, supple leather booths, light mocha walls and hardwood floors. Room, furniture and food are exactly what you imagine from the name on the sign.

The Saturday lunch menu includes salmon burgers and huevos with vegetarian chili, all enhanced with subtle, urbane touches. For example, my meatloaf sandwich (\$11.95) featured not only a hefty slab of delicately-flavoured meatloaf, but also roasted garlic aioli and

On the web

• Get recipes and more great food content at metronews.ca/food

sharp aged cheddar on thick slices of marble rye bread. Cranberry chutney infused each bite with savoury Thanksgiving memories.

Instead of cole slaw (good) or fries (great), I chose the feature soup: An Italian sausage and mushroom gumbo (out-friggin-standing). The piping hot

bowl of spicy tomato goodness was packed with thick pieces of sausage, whole mushrooms and chunks of fresh vegetables. I soothed the spiciness with my creamy wildberry milkshake (\$5.50), made out of their homemade jam and topped with real whipped cream.

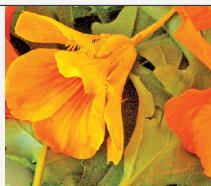
With all prices under the \$15 mark, Urban Diner combines the best of "greasy spoon" and elegant bistro for a terrific casual date night. However, it's an even better morning-after treat.



Meatloaf Sandwich with Sausage and Mushroom Gumbo (\$11.95).

Global Peasant blog online

- Travel along with Diane Thompson's culinary adventures in her Global Peasant blog.
- Check out metronews.ca/globalpeasant for a recipe on Girlie Hummus, with arugula and nasturtium blossoms

**Dining out****GRAZE AT HARDWARE GRILL**

Not only will Hardware Grill be open for lunch starting in October, but starting next week it will offer a \$35 appetizer, dinner and dessert "grazing menu" from 5 to 6:30 p.m. to help people get out to the show.


hardwaregrill.com

LOUISIANA JAMBALAYA Every Monday and Tuesday evening, Louisiana Purchase offers a heaping plate of their famous jambalaya — packed with ham, chicken and smoked sausage simmered with peppers, tomatoes and rice — for just \$7.95. louisianapurchase.ca

In brief

ONE POTATO, TWO POTATO The Edmonton Potato Growers and the Greater Edmonton Alliance have teamed up to offer the Great Potato Giveaway on Saturday. From 9 a.m. to 4 p.m., everyone is invited to harvest up to 50 lb of free potatoes out of the 100,000 lb available at Norbest Farms. Turn east off Manning Freeway at 195 Street.

FOOD, WINE, BEER Tickets are available for under \$20 to the Edmonton Rocky Mountain Wine & Food Festival Nov. 5-7 at the Shaw Conference Centre. In its eighth year, the festival features over 140 vendors with wines, spirits, beer and samples from some of Edmonton's finest restaurants and hotels. rockymountainwine.com.



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Edmonton
Edmonton City Centre
Kingsway Garden Mall
Londonderry Mall
Millwoods Town Centre
West Edmonton Mall

Red Deer
Bower Place

(1) No purchase necessary. Contest ends October 1, 2009. See buildabash.ca for Contest Rules.

BUILD-A-BASH AND WIN!¹

Enter PE0E9E8 at buildabash.ca for points towards a koodo-rific party.



This Angel hasn't departed for the heavens yet
Jaclyn Smith wants you to know that she is alive. The Charlie's Angels star took to her Facebook and Twitter to deny reports that she had shot herself in Honduras, People reports. **METRO NEWS SERVICES**

Celebrity Buzz

Woody's secret skin weapon

REASONS TO GO VEGAN magazine. "I met some Woody Harrelson is a proud vegan, but it turns out his reasons for taking up the lifestyle weren't purely based on principle. "I was about 24 years old, and I had tons of acne," he told Maxim



METRO WORLD NEWS

I'm a nudist, Tyra confesses

AT PEACE WITH HERSELF Model and talk show host Tyra Banks loves being naked. "I always feel great when I don't have clothes on," Banks told Larry King. "Unless the lighting is bad in the dressing room." Banks also insists that while she has enjoyed her talk-show success, she is not trying to be Oprah Winfrey. "If I tried, I would fail," she said.



METRO WORLD NEWS

Hayden attends School of Life

SHE DON'T NEED NO BOOK LEARNIN' Hayden Panettiere has ruled out a college education — insisting she's had her own "learning experience" growing up in Hollywood, femalefirst.co.uk reports.

The 20-year-old, who plays a college student in the sci-fi TV series Heroes, wanted to attend university when she was younger but admits landing the hit show changed her mind.

Now Panettiere says pretending to be a student is enough, because she's grown up quickly in Hollywood.

She says, "I always wanted to go to college (but) the show happened to start in a pretty pivotal period, when you have thoughts of going to college. It was just

such a success and it is what I love to do.

"I would love to take some classes that I really enjoy, but I think college is a learning experience for yourself as a person and (it's about) being on your own for the first time."



METRO NEWS SERVICES

Mischa's not in Kansas anymore...

THE WRONG RED CARPET A confused Mischa Barton headed out to the opera in New York recently but ended up at the nearby premiere for Michael Moore's documentary Capitalism: A Love Story instead.

"Mischa showed up and was asking for tickets. She started walking the red carpet," a source told Page Six. "She took one look around and realized she was in the wrong place."



METRO WORLD NEWS

My bully godmother Amy

OVERPROTECTIVE? Amy Winehouse screamed and spat at a young teenager she believed was bullying her goddaughter, femalefirst.co.uk reports.

The singer reportedly stormed to London's Southgate school on Monday to confront a pupil who had been tormenting 13-year-old Dionne Bromfield.

A source said: "Amy began hurling abuse at the young accused bully and began spitting at her."

Celebrity gossip blog I'm Not Obsessed added: "Amy's tirade did not stop there, as witnesses say

that the 26-year-old then went on to shout at a group of Dionne's fellow students."

A passerby managed to calm Winehouse down and stopped the altercation. The singer then agreed to sign autographs before leaving the school. Winehouse is preparing to release Bromfield's debut album on her own label Lioness Records.

METRO WORLD NEWS

YOU COULD WIN

ROCKY GERVAS, KENNETH GARNER, JONAH HILL, LOUIS C.K., BOB LOWE, TYRA FEY

YES, THAT DRESS MAKES YOU LOOK FAT

IT'S NOT ME, IT'S YOU

YOUR BABY IS SO UGLY IT'S LIKE A LITTLE RAT

IN A WORLD WHERE EVERYONE COMES TO THE TRUTH... THE INVENTION OF LYING

FROM THE CO-CREATOR OF THE OFFICE AND EXTRAS

OCTOBER 2

IN THEATRES OCTOBER 2

A PAIR OF PASSES TO A SCREENING OF THE INVENTION OF LYING!

6 LUCKY WINNERS WILL EACH WIN A \$100 SPA GIFT CERTIFICATE!

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No purchase necessary. Enter daily for more chances to win. Contest open to Canadian residents of legal age, excluding residents of Quebec. Contest closes September 28, 2009 at 11:59pm. Odds of winning depend on number of entries received. For full contest rules and details, visit www.metronews.ca

metro

Penelope pregnant?

ADDING FUEL TO THE FIRE Penelope Cruz was spotted leaving an OB/GYN office in Madrid with boyfriend Javier Bardem, sparking rumours that she's expecting, Hollyscoop reports.

The actress has denied that she's pregnant, even storming out of an interview last week when the topic came up.

METRO WORLD NEWS



Parkers plan second vows

LOST IN LA-LA-LAND Eva Longoria Parker wants to marry husband Tony Parker again because her memory of their wedding is so hazy, femalefirst.co.uk reports.

The actress walked down the aisle with the basketball player in July 2007, but because her memory of their nuptials in France is so surreal, she wants to renew their vows in a smaller ceremony. She says, "Our

wedding went by so fast and, with the frenzy surrounding it, it felt like an out-of-body experience.

"We want to do it again — something a bit more intimate — because we love being married," she said. "It gets better every day. I know it's clichéd but it's true."

METRO NEWS SERVICES



Celebrity tweets

Rob Thomas has trouble with the weather in his home state, **Taylor Swift** feels just fine about her fashion choices, **Jon Favreau** celebrates Rosh Hashanah, and **Demi Lovato** would rather not be awake.

* **@ThisIsRobThomas** i forgot how oppressively hot florida can get. the humidity goes through your clothes and into your soul.

* **@taylorswift13** I'm wearing argyle socks. It's going really well, i think i'll do it again sometime.

* **@Jon_Favreau** Happy New Year! Let's make 5770 count!

* **@edlovato** It's raining, it's pouring, i wish i was snoring....

METRO WORLD NEWS



Rise Up Edmonton

Cora Breakfast and Lunch is coming to Edmonton

Join us for Cora's Grand Opening on
Monday September 28th at 2920 Calgary Trail North West



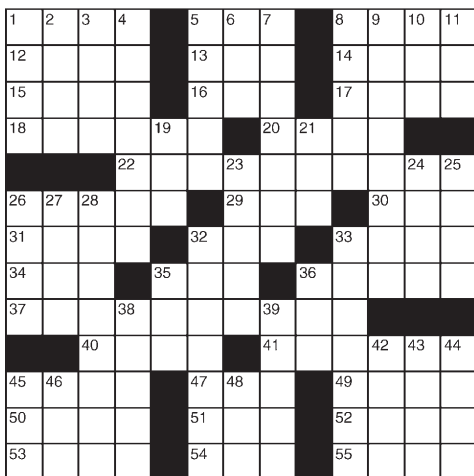
cora

Breakfast and Lunch





Michele McDougall, Weather Specialist & Host — Breakfast Television
 "My favourite part is reporting the weather. It fascinates me, and as we know around here, it's always changing, keeping forecasters on their toes!" **WEEKDAYS AT 6 A.M.**



ACROSS

- 1 Ballot dangle
- 5 Annoy
- 8 Puerto —
- 12 Jeans maker
- 13 French pronoun
- 14 Low pH
- 15 Cupid's alias
- 16 Favourite
- 17 Conked out
- 18 Melted-cheese dish
- 20 Talon
- 22 Chic, and then some
- 26 Assume for argument's sake
- 29 Layer
- 30 Slight amount
- 31 Author Turgenev
- 32 Bit of wordplay
- 33 Lascivious
- 34 Mai —
- 35 Branch
- 36 Briskly self-assured
- 37 "My fondest wishes"
- 40 Pulsate

- 41 Ceremony
- 45 Reed instrument
- 47 Menagerie
- 49 Capri, e.g.
- 50 Bank transaction
- 51 Conclusion
- 52 Trawler gear
- 53 They get connected
- 54 Shelter
- 55 Mardi —

DOWN

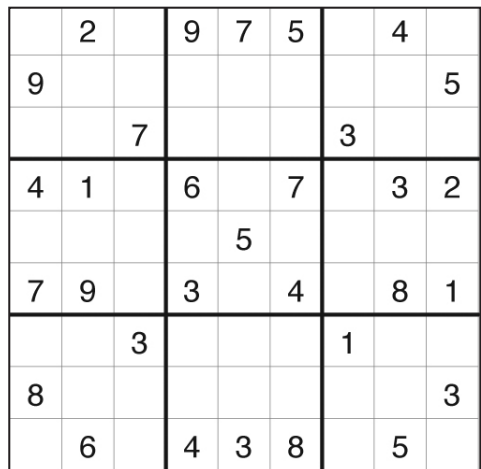
- 1 Staff leader
- 2 Medal earner
- 3 Shakespeare's river
- 4 Scorn
- 5 Urge onward
- 6 Shad product
- 7 Setting for Rachael Ray
- 8 Speeder spotter
- 9 It flows through the veins of the emotionless
- 10 Spy-novel org.
- 11 Peculiar
- 19 Last (Abbr.)
- 21 Dawson of

- football
- 23 Pollex
- 24 Stare stupidly
- 25 Vortex
- 26 Hummus holder
- 27 Elliptical
- 28 Regatta entry
- 32 Ballpark snack
- 33 Allowing
- 35 "Caught ya!"
- 36 Omega preceder
- 38 Adolescents
- 39 Wear away
- 42 Addict
- 43 Can. prov.
- 44 Minus
- 45 Antiquated
- 46 Greet the villain
- 48 Inseparable

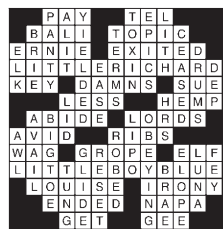
Sudoku

For more/less challenging Sudoku puzzles, visit metronews.ca

HOW TO PLAY: Digits 1 through 9 will appear once in each zone — one zone is an outlined 3x3 grid within the larger puzzle grid. There are nine zones in the puzzle. Do not enter a digit into a box if it already appears elsewhere in the same zone, row across or column down the entire puzzle.



PREVIOUS DAY'S CROSSWORD AND SUDOKU ANSWERS:



5	3	4	8	2	1	9	6	7
6	1	7	5	9	4	3	8	2
2	8	9	7	6	3	5	4	1
3	7	2	4	8	6	1	9	5
8	9	1	2	7	5	6	3	4
4	6	5	1	3	9	7	2	8
7	2	6	3	5	8	4	1	9
1	5	3	9	4	2	8	7	6
9	4	8	6	1	7	2	5	3

On the web

For more games and 60 additional daily cartoon strips, visit metronews.ca



Metro Recipe of the Day



Rosemary Oven Roasted Potato Chips

Submitted by Irene Leung, Port Dover, Ont.

INGREDIENTS:

- 2 medium sized potatoes
- 2 tbsp olive oil
- 1 tsp coarse salt
- 2 tbsp fresh rosemary leaves, roughly chopped
- Pepper to taste

METHOD:

1. Wash potatoes and chop the rosemary.
2. Slice the potatoes into thin rounds using a mandolin (if one isn't available, use a vegetable peeler).
3. In a large bowl, mix the oil, rosemary leaves, salt and pepper and toss the potato slices until coated.
4. On 2 baking sheets lined with aluminum foil for easy clean up, spread the potatoes in one layer and bake in a preheated oven at 350 F for about 5 minutes.

6. Flip the potatoes onto the other side, switch the position of the baking sheets on the oven shelves and bake for another 5 minutes.

5. Check to see if the potatoes have browned on both sides. Then repeat the turning-potatoes-and-alternating-the-sheets step, and bake for another 5 minutes or so until potatoes are golden brown and somewhat crispy on the outside.

6. Serve as a snack, or on the side with a hamburger or another main meat dish.

SERVES 2

PREP TIME: 5 MINUTES
COOK TIME: 10 MINUTES



20MinuteSupperClub.com helps you get dinner ready in a snap. Visit 20minutesupperclub.com/metro and be entered to win a \$50 President's Choice gift certificate! Weekly winners until the end of October.

Horoscopes by Sally Brompton sallybrompton.com

For Sally's expanded daily and weekend horoscopes, visit metronews.ca

ARIES
MARCH 21-APRIL 20



Everyday chores may be a pain but Mars will come to your rescue today. Whatever challenges you're called on to face, you will handle them all with ease.

LIBRA
SEPT 23-OCT 23



No matter what mishaps and misunderstandings there may be in other areas of your life, relationships are going rather well at the moment.

TAURUS
APRIL 21-MAY 21



Creatively and romantically this is one of the best times of the year, but it could be better still if you stopped thinking of everyone as a potential rival.

SCORPIO
OCT 24-NOV 22



You don't have to be a saint but you do have to realize that no matter what your problems may be most people would happily trade places with you.

GEMINI
MAY 22-JUNE 21



Life is always fun for those born under the sign of the twins, and even more so now. So don't waste time worrying; your only duty is to be happy.

SAGITTARIUS
NOV 23-DEC 21



The sun in the friendship area of your chart makes it easier to reach goals that depend on others. Being a team player will bring many benefits.

CANCER
JUNE 22-JULY 22



Both at home and at work you are more likely to learn things to your advantage if you use your mouth less and your ears more.

CAPRICORN
DEC 22-JAN 20



Be pleasant to people today. The more you smile and act in a non-threatening manner the more likely it is that important people will look on you kindly.

LEO
JULY 23-AUG 23



Your taste for luxury is legendary, but you will cut back on the good life today as you look around for ways to boost your income.

AQUARIUS
JAN 21-FEB 18



You will make quick work of whatever challenges crop up today — then you can turn your attention to more enjoyable things.

VIRGO
AUG 24-SEPT 22



Looking back a few weeks from now you'll be astonished how much time you wasted on trivial things. Get your act together, and start moving forward.

PISCES
FEB 19-MARCH 20



As Mercury is still moving retrograde you are advised not to trust what you are told by people who may, or may not, have an agenda of some kind.

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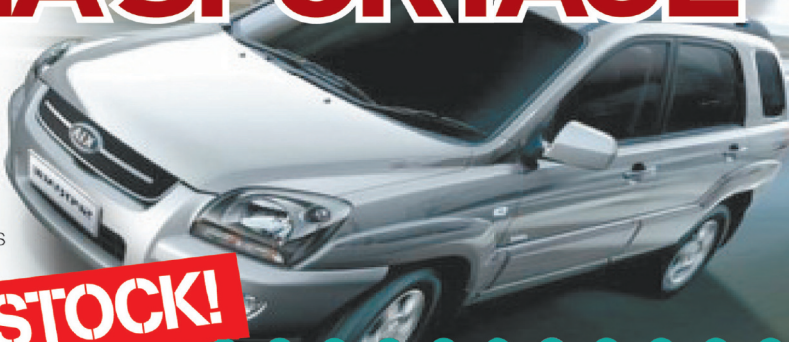


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